

Learning to Resist: How Amnesty is tackling Authoritarian Practices through Human Rights Education (HRE)

In 2025 HRE continued to serve as a practical strategy for countering authoritarian practices by engaging in civic participation and equipping individuals and communities to challenge human rights violations through informed, peaceful, and collective action. Across diverse political contexts, HRE interventions enhanced participants knowledge and skills relating to the exercise of their rights to freedom of expression, association and peaceful assembly, while building their capacity to hold public institutions accountable using human rights standards. Rather than only increasing awareness of rights, HRE generated concrete behavioural and institutional changes that strengthened resilience against authoritarian practices.

Want to know more? Turn over for examples of how this was achieved in 2025.

For a deeper dive on this and other HRE initiatives you can access the HRE 2025

	Here is a link to the full report in English. https://www.amnesty.org/en/documents/pol32/1265/2026/en/ Translations to Español and français will be available in the due time
AMNESTY INTERNATIONAL THE STATE OF HUMAN RIGHTS EDUCATION 2025 TRANSFORMING KNOWLEDGE INTO ACTION 	

(Please note this 2 page infographic is for internal distribution only)

RECLAIMING CIVIC SPACES AND RESISTING AUTHORITARIAN PRACTICES THROUGH HRE

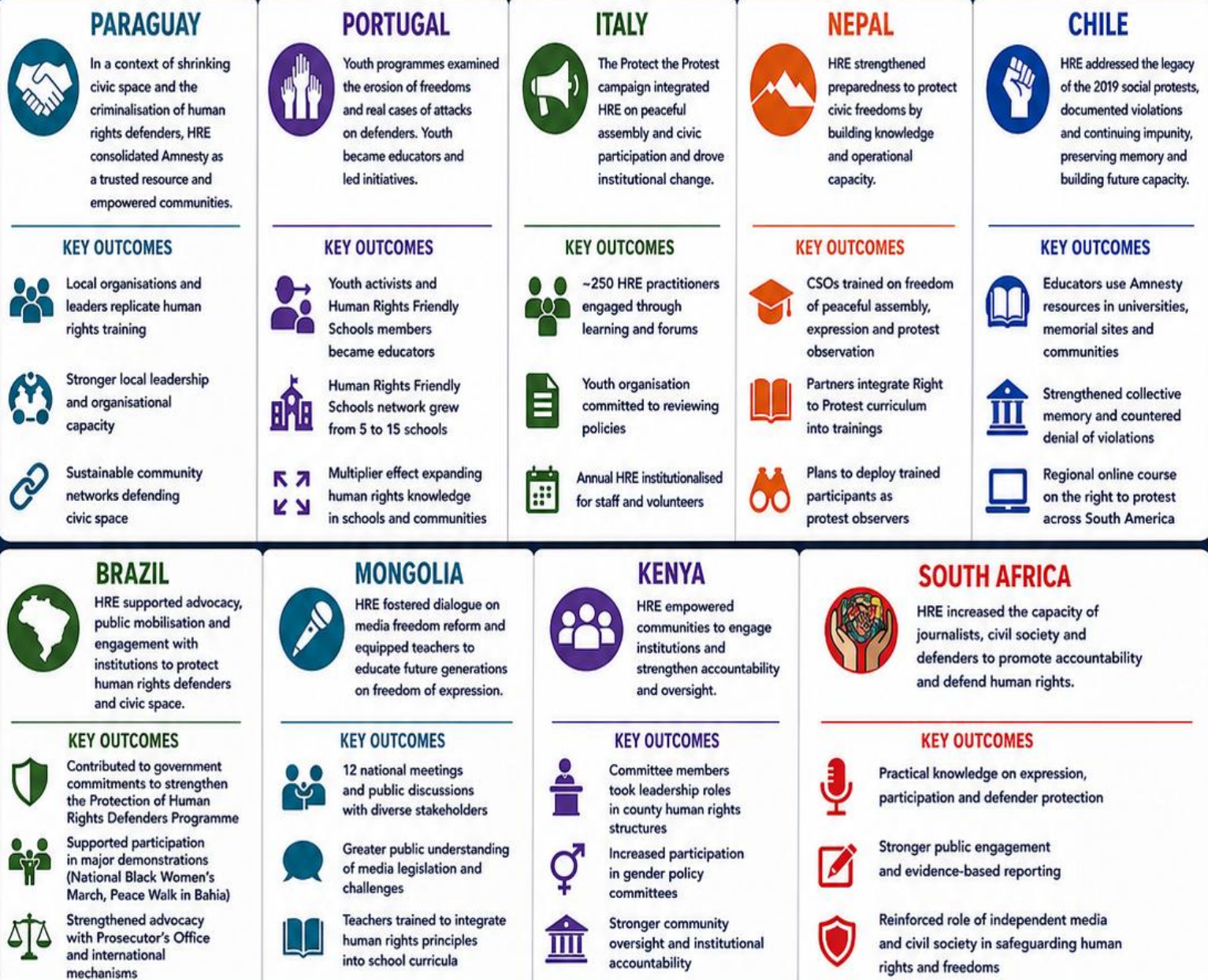
HRE strengthens civic participation, protects fundamental freedoms, and equips individuals and communities to challenge human rights violations through informed, peaceful, and collective action.



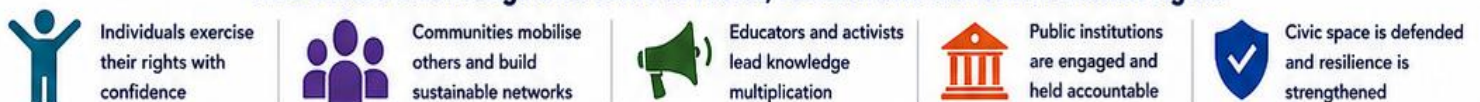
HOW HRE COUNTERS AUTHORITARIAN PRACTICES



COUNTRY EVIDENCE: HOW HRE ADVANCES FREEDOM AND RESISTS AUTHORITARIAN PRACTICES



HRE builds knowledge and skills to resist, reclaim and transform human rights



STRATEGIC ROADMAP FORWARD

Across diverse contexts, HRE turns knowledge into action, strengthening rights, resisting authoritarian practices, and building a more just and human-rights-based future.